Educational Curriculum: Innovation Through SyMBIOSIS

Pusan National University School of Medicine

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1. Introduction

Pusan National University School of Medicine (PNUSOM), one of Korea's leading national medical schools, has cultivated a strong identity rooted in social responsibility, academic excellence, and innovation. With a proud history dating back to 1946, PNUCM has continually evolved to meet the needs of modern healthcare while maintaining its mission to train competent, compassionate, and future-oriented physicians. Central to our curriculum is the **SyMBIOSIS** framework, a uniquely structured educational philosophy that governs how we develop, deliver, and refine our medical education. Our curriculum is designed to prepare "**Competent Pusan Medical Students**" who will become outstanding physicians capable of meeting current and future healthcare challenges.



2. The SyMBIOSIS Educational Framework

Figure 1. The principle of symbiosis

Our educational curriculum is built upon eight core principles that form the acronym **SyMBIOSIS** (figure 1). Each component is not only theoretical but also concretely implemented in the curriculum through courses, evaluations, faculty development, and student support systems. For example, under the Bridge Education principle, PNUSOM implements transitional modules such as 'Doctor and Leadership' at the end of Phase 1 to prepare students for clinical immersion in Phase 2. Likewise, under the Individualized Education principle, students engage in elective clerkships and research projects tailored to their future goals. The SyMBIOSIS model ensures

that all medical education activities remain aligned with societal needs and student growth. A circular diagram representing the eight principles of SyMBIOSIS connected in a loop, symbolizing their integration and mutual reinforcement:

Systematic Education

- **Seamless Integration**: Pre-medical to medical school transition with systematic competency management
- **Comprehensive Competency Tracking**: From admission to graduation, ensuring systematic development of student capabilities
- Vertical Alignment: Coordinated progression through all educational phases

Multi-methods Approach

- Diverse Teaching Methods:
 - Problem-Based Learning (PBL)
 - Collaborative learning
 - Internet-assisted learning
 - Standardized patient utilization
 - Role-playing and clinical skills training
 - Team-based learning
 - Early clinical exposure through shadowing programs
 - Peer-to-peer cooperative learning for CPX/OSCE preparation

Comprehensive Assessment Methods:

- Written examinations, practical assessments, and oral examinations
- PBL evaluations, assignments, quizzes, and attendance tracking
- Evidence-based medicine integration with PBL modules

Bridge Education (Enhanced Transition)

- Smooth Phase Transitions: Specialized courses for seamless academic progression
 - "Doctor and Leadership" for first-year pre-medical students
 - "Introduction to Clinical Medicine" for medical school entry
 - Pre-clinical training preparation
 - Post-graduation education consideration

Comprehensive Transition Support:

- o Interview techniques and communication skills
- Clinical skills integration
- Professional development programs
- Shadowing experiences
- Student internship programs

Integration

- Horizontal Integration: Foundational medical sciences coordination
- Vertical Integration: Basic sciences, clinical medicine, and medical humanities

- **Spiral Curriculum Design**: Important concepts reinforced through meaningful repetition
- System-Based Integration (SBI): Disease pattern-based integrated education

Outcome-based Education

- Clear Learning Outcomes: Five core graduation competencies (CPM²S)
- Systematic Assessment: Phase-specific outcome evaluation
- Continuous Monitoring: Regular assessment of competency achievement
- Evidence-Based Progression: Advancement based on demonstrated competency

Student-centered Learning

- Active Learning Emphasis: Student participation in diverse educational activities
- Individualized Support: Formative assessments to enhance student learning
- Critical Thinking Development: Evidence-based learning approaches
- Self-directed Learning: Encouraging independent inquiry and research

Individualized Education

- Flexible Elective Courses: Tailored to individual interests and career goals
- Portfolio-Based Assessment: Personal development tracking
- Mentorship Programs: Faculty guidance for individual student development
- Research Opportunities: Individual and group research projects

Sustainable Education System

- Adaptive Curriculum: Responsive to changing social and healthcare needs
- Future-Oriented Training: Preparation for evolving medical practice
- Lifelong Learning Foundation: Skills for continuous professional development
- Social Responsibility: Addressing community health needs and social equity

3. Curriculum Structure: Three Phases of Medical Education

PNUSOM's curriculum unfolds across three interdependent phases, each building upon the last in complexity and responsibility.

Phase 1: Pre-Medical Foundation (Years 1-2 Pre-med)

- Natural Sciences and Humanities: Comprehensive foundation building
- **Research Methods**: Early introduction to scientific inquiry
- Portfolio Development: Self-reflection and goal setting
- Service Learning: Community engagement and social responsibility

Phase 2: Integrated Medical Sciences (Pre-med Year 2 Semester 2 - Medical Year 2)

Foundation of Medicine (Horizontal Integration)

- Human Structure I & II
- Cell Regulation
- Human Metabolism
- Disease Understanding and Pharmacotherapy

System-Based Integration (SBI) - Vertical Integration

- Clinical Medicine Introduction
- Infectious Diseases
- Digestive System and Nutrition
- Cardiovascular System
- Respiratory System
- Endocrine System
- Renal and Urological System
- Hematology and Oncology
- Reproductive Medicine
- Growth, Development, and Aging
- Immunology and Dermatology
- Musculoskeletal System
- Psychiatry
- Neurology and Special Senses

Phase 3: Clinical Practice (Medical Years 3-4)

- **Required Clinical Rotations** (37 weeks): Core specialties including Internal Medicine, Surgery, Pediatrics, Obstetrics & Gynecology, Psychiatry, Family Medicine, Emergency Medicine
- Elective Clinical Rotations (12 weeks): Specialized departments and international experiences
- **Student Internship** (4 weeks): Deep clinical engagement as primary care providers
- **Community Medicine Practice** (1 week): Public health and community engagement
- Advanced Clinical Performance Course: Intensive preparation for national examinations

4. Distinctive Educational Features

Early Clinical Exposure

- **Shadowing Programs**: Beginning in medical year 1, students observe practicing physicians
- **Progressive Clinical Skills**: Stage-appropriate clinical skills training throughout the curriculum

• Patient Care Participation: Graduated responsibility in patient care

Evidence-Based Medicine Integration

- **Research Skills Development**: From pre-medical through clinical years
- Critical Literature Review: Integrated with PBL modules
- Clinical Decision Making: Evidence-based approaches to patient care
- Medical Research Program: Multi-year research projects with faculty mentorship

Medical Humanities Integration

- Comprehensive Coverage: Philosophy, history, culture, ethics, law
- Clinical Ethics: Patient safety, communication, and professionalism
- Social Medicine: Community health and healthcare systems
- Reflective Practice: Portfolio-based self-assessment and growth

International Perspectives

- Global Health Awareness: Future medicine and international healthcare trends
- Exchange Programs: Clinical rotations at partner institutions
 - Universities in USA (Hawaii), France (Lille), Japan (Kyushu, Nagasaki), Taiwan, Thailand, Indonesia, Uzbekistan
- Cultural Competency: Preparing graduates for global medical practice

Assessment and Quality Assurance

- **Comprehensive Evaluation System**: Multiple assessment methods aligned with learning outcomes
- Continuous Improvement: Regular curriculum review and enhancement
- Student Feedback Integration: Active student participation in curriculum development
- External Accreditation: Meeting international medical education standards

5. Graduation Competencies (CPM²S)

Our graduates achieve five core competencies:

- 1. Communication and Collaboration
- 2. **P**rofessionalism
- 3. Medical Competency (Medical Knowledge & Patient Care/Skills)
- 4. Scholarly Attitude (Lifelong Learning & Research)

Communication & Collaboration

Sub-competency	Description	Behavioral Indicators
1. Communication with	Ability to build an effec	Demonstrates empathy

patients	tive and cooperative th	for the suffering and e
	erapeutic relationship w	motions of patients and
	ith patients and their fa	their families and com
	milies through empathic	municates effectively wi
	communication.	th patients in accordan
		ce with medical intervie
		w principles.
		Conveys information eff
		ectively to patients and
		families to establish a
		collaborative relationshi
		p and jointly develop tr
		eatment plans and com
		prehensive preventive i
		nterventions.
2. Communication with	Ability to establish colla	Builds collaborative rela
healthcare professionals	borative relationships a	tionships with healthcar
	nd communicate effecti	e teams and communic
	vely within interprofessi	ates effectively.
	onal medical teams, in	Builds collaborative rela
	cluding colleagues and	tionships with professio
	professionals from othe	nals from other healthc
	r disciplines.	are-related fields and c
		ommunicates effectivel
		у.
3. Communication with	Ability to communicate	Communicates effective
the community	smoothly with the com	ly with the community r
	munity about health an	egarding health and dis
	d disease.	ease-related issues.
4. Medical documentati	Ability to write medical	Prepares medical recor
on	records clearly and acc	ds clearly and accurate
	urately in accordance	ly following standard d

with basic principles of	ocumentation principles.
documentation.	

Professionalism

Sub-competency	Description	Behavioral Indicators
1. Ethics and Responsi	Performs clinical practic	Makes appropriate med
bility	e ethically and legally	ical decisions based on
	and serves the commu	ethical and legal stan
	nity with dedication.	dards.
		Carries out clinical prac
		tice faithfully in accorda
		nce with the physician'
		s role.
		Understands and imple
		ments strategies for pr
		eventing and respondin
		g to patient safety inci
		dents.
		Serves the community
		through volunteer activit
		ies.
2. Self-development	Manages and develops	Effectively manages an
	oneself effectively, build	d develops oneself.
	s a clear sense of prof	Explores various career
	essional identity, and f	paths and establishes
	ulfills the role as a me	a professional identity.
	mber of the healthcare	Effectively fulfills roles
	team.	as a member or leader
		of the healthcare tea
		m.
3. System Understandi	Contributes to improvin	Contributes to the enha
ng	g the healthcare deliver	ncement of the healthc

y system. are delivery system.	
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Medical Competency – Medical Knowledge

Sub-competency	Description	Behavioral Indicators
1. Mechanisms of Heal	Ability to explain the m	Explains the normal str
th and Disease	echanisms underlying	ucture and function of t
	medical problems.	he human body.
		Understands the patho
		physiology of diseases
		and applies it to diagn
		osis and treatment.
		Describes the symptom
		s and progression of c
		ommon diseases.
2. Diagnostic Investigati	Ability to appropriately	Selects appropriate dia
on	select and interpret dia	gnostic methods neces
	gnostic tests based on	sary for diagnosis and
	clinical presentations to	treatment.
	identify and reason thr	
	ough clinical problems.	
3. Therapeutic Approac	Ability to appropriately	Selects and applies evi
h	select, apply, and eval	dence-based medical/su
	uate treatment methods	rgical treatments for m
	in clinical situations.	ajor clinical situations.
		Selects and applies ap
		propriate medications f
		or different diseases.

Medical Competency – Patient Care / Skills

Sub-competency	Description	Behavioral Indicators
1. History Taking and	Ability to take a patient	Explains techniques for
Problem Recognition	history focused on clin	history taking in detail.

	ical situations and ident	Takes history based on
	ify relevant problems.	the clinical presentatio
		n to identify risk factor
		s and health problems.
2. Physical Examination	Ability to perform appro	Performs basic physical
	priate physical examina	examinations, mental
	tions according to the	status examinations, an
	symptoms and collect r	d functional assessmen
	elevant information.	ts.
3. Clinical Reasoning,	Ability to reason clinical	Plans differential diagn
Testing, and Treatment	ly based on collected i	osis and establishes ap
	nformation and scientifi	propriate treatment plan
	c evidence, and provid	S.
	e initial treatment.	
4. Patient Education	Ability to effectively ed	Explains basic disease
	ucate patients on disea	management and preve
	se management and pr	ntive strategies.
	eventive measures.	
5. Procedural Skills	Ability to perform basic	Performs basic clinical
	clinical procedures.	procedures appropriatel
		у.

Scholarly Attitude

Sub-competency	Description	Behavioral Indicators
1. Lifelong Learner	Ability to continuously	Gathers and critically e
	acquire knowledge nec	valuates medical evide
	essary for medical prac	nce in clinical situation
	tice throughout one's p	s and applies it accordi
	rofessional life.	ngly.
		Identifies personal learn
		ing objectives appropria
		te to one's competency

		level and engages in I
		ifelong learning.
		Reflects on learning ou
		tcomes to recognize str
		engths and weaknesse
		s and implements impr
		ovements.
2. Researcher	Cultivates the qualities	Able to document medi
	required to conduct me	cal concepts accuratel
	dical research.	у.
		Analyzes and interprets
		results from medical r
		esearch.
		Acquires various medic
		al research methodolog
		ies and plans research
		in accordance with res
		earch ethics.
3. Educator	Ability to teach medical	Educates patients and
	knowledge and skills.	teaches medical knowle
		dge and skills to peer
		S.
4. Community Health A	Identifies and addresse	Understands healthcare
dvocate	s health issues in the	policies and systems t
	community.	o advocate for commu
		nity health.
		Proposes solutions to c
		ommunity health proble
		ms in response to futur
		e changes in healthcar
		e.

6. Innovation and Future Adaptation

Technology Integration

- AI-Based Medical Imaging Analysis: Preparing for future healthcare technology
- **Digital Health Literacy**: Electronic medical records and telemedicine preparation
- Simulation-Based Learning: Advanced clinical skills training

Responsive Curriculum Development

- Environmental Health: Climate change and health implications
- Precision Medicine: Personalized healthcare approaches
- Global Health Security: Pandemic preparedness and response
- Healthcare Policy: Understanding healthcare systems and policy development

7. Supporting Infrastructure

Faculty Development

- **Teaching Excellence**: Regular faculty training in medical education
- Mentorship Programs: Structured guidance for student development
- Research Collaboration: Faculty-student research partnerships

Learning Resources

- **Simulation Centers**: State-of-the-art clinical skills training facilities
- **Digital Learning Platforms**: Comprehensive online learning support
- **Clinical Training Sites**: University hospitals and community healthcare partnerships
- International Partnerships: Global learning opportunities

8. Conclusion

The **SyMBIOSIS** curriculum at Pusan National University College of Medicine represents a comprehensive and innovative approach to medical education, preparing graduates for the complexities of modern healthcare. Through the systematic integration of basic sciences, clinical medicine, and medical humanities, combined with early clinical exposure and evidence-based learning, our students develop into competent, compassionate, and globally minded physicians.

Our commitment to continuous improvement, student-centered learning, and adaptation to future healthcare needs ensures that our graduates are well-prepared to serve their communities and contribute to the advancement of medical science and practice.